

## Comprehensive Healing Solutions Foundation

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**Date:** November 7, 2024

**To:** Government Agency Representatives

**Subject:** Summary of Wellness Program Participation and Indirect Payment Structure for Clients Receiving SSDI Benefits

Dear Government Agency Representatives,

The Comprehensive Healing Solutions Foundation is committed to fostering wellness and supporting individuals in achieving their health goals. This letter provides a detailed summary of our wellness programs and explains how our **indirect payment structure** ensures that clients can benefit from essential support without impacting their Social Security Disability Insurance (SSDI) eligibility. We are dedicated to providing transparent resources and guidance to ensure our clients maintain access to both government assistance and our wellness services.

## Overview of Wellness Programs at Comprehensive Healing Solutions Foundation

Our wellness programs offer holistic, health-centered support designed to enhance the quality of life for individuals with disabilities, including those who receive SSDI benefits. These programs focus on:

- **Physical Wellness:** Through non-clinical activities promoting mobility, flexibility, and fitness.
- **Emotional Wellness:** Providing guided mindfulness practices, stress management, and coping strategies.
- **Nutritional Support:** Offering nutrition education and, where needed, assistance in accessing healthy foods.
- **Social Engagement:** Facilitating social interactions and community-building activities.

Our programs are strictly **non-income-generating** and **not employment-based**. They are designed to support health and well-being in a manner that complements government benefits, without interfering with SSDI eligibility.

## Indirect Payment Structure for Client Services

Comprehensive Healing Solutions Foundation exclusively uses an **indirect payment structure** for all wellness services provided to clients. This means that, instead of providing funds directly to clients, we make payments directly to service providers on their behalf. This approach ensures:

- Compliance with government assistance guidelines.
- No increase in the client's income or assets, thus protecting their SSDI eligibility.
- Transparency and accountability in how services are rendered.

**Examples of indirect payments include:**

- **Housing Support:** Payments to landlords for rent assistance.
- **Utility Assistance:** Payments directly to utility providers to cover essential services like electricity and water.
- **Transportation Support:** Payments to transportation providers for medically-related appointments.
- **Nutrition Assistance:** Payments to grocery or food delivery services.
- **Childcare Support:** Payments to licensed childcare providers.
- **Wellness Services:** Payments to providers delivering health and wellness support.

These indirect payments allow us to ensure that our support is exclusively used for essential services, aligning with our mission to safeguard the financial and health stability of each client.

## **Key Information on SSDI Eligibility and Program Participation**

SSDI benefits are based on a qualifying disability and work history, not on income. Since our programs are non-income-generating, they generally should not affect SSDI eligibility or trigger concerns related to **Substantial Gainful Activity (SGA)** as defined by the Social Security Administration (SSA). However, clients are advised that the SSA periodically reviews cases individually, and certain wellness activities could be considered by the SSA depending on the client's unique circumstances.

### **Important Note on Substantial Gainful Activity (SGA):**

Our wellness programs are not employment and are not considered SGA. However, Comprehensive Healing Solutions Foundation encourages clients to proactively contact the SSA for clarity on their personal circumstances, particularly if they have questions about participation.

## **Documentation for Program Participation**

We provide **verification letters** to clients, outlining their participation in wellness programs. These letters confirm:

- That the wellness activities are non-employment-based and strictly for health support.
- That all payments related to services are made indirectly, ensuring clients do not receive direct income.
- A summary of the indirect payment structure for essential services.

These letters are intended to help clients document their participation if required by the SSA or other agencies.

## **Guidance for Clients to Maintain SSDI Benefits**

We recommend that our clients reach out to the SSA directly to verify how wellness program participation may relate to their SSDI benefits. SSA representatives can offer personalized guidance, and clients should document their participation in our programs as part of best practices in maintaining compliance with SSDI eligibility requirements.

## **SSA Contact Information:**

For clients in Pahrump and Las Vegas:

- **Phone:** 1-800-772-1213
- **TTY Users:** 1-800-325-0778
- **Hours:** Monday - Friday, 8 AM - 7 PM
- **Las Vegas SSA Office:** 1250 S Buffalo Dr, Las Vegas, NV 89117 (Monday - Friday, 9 AM - 4 PM)

## **Our Commitment to Clients' Financial and Health Security**

At Comprehensive Healing Solutions Foundation, we prioritize our clients' financial security and health. By providing essential support through an indirect payment model, we help clients improve their well-being without affecting their eligibility for SSDI or other income-sensitive benefits. We strive to offer full transparency, ensuring clients feel informed and confident in their participation in our programs.

If further information or clarification is needed about our indirect payment model or wellness programs, please feel free to contact us. We are dedicated to supporting our clients and ensuring they maintain both their benefits and their access to wellness services.

Thank you for your support and commitment to our clients' well-being.

Sincerely,

**Blanca Susana Wiggins Zavala Lopez**

Director

Comprehensive Healing Solutions Foundation